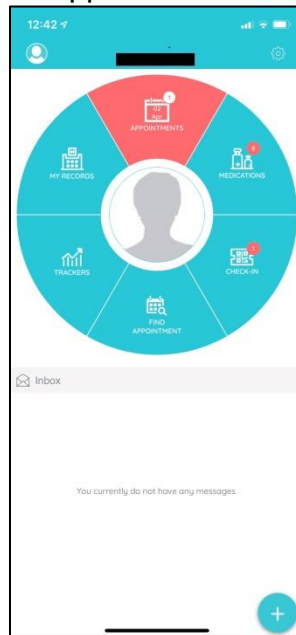
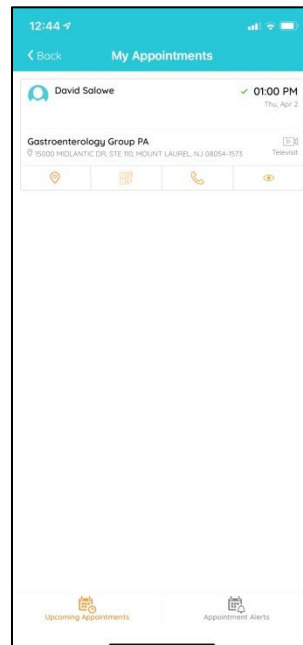


# How to use Healow app for Telemedicine appointment

Click on appointments at the top



Click on the area just below “My Appointments” where the appointment time and your doctor’s name is listed



Please fill out the questionnaire. You will have to scroll down as there are several questions.

12:52

Back Questionnaire and Vitals

Televisit

02 Apr 2020 01:00 PM

Please answer the questions below

Gastrointestinal

1. Abdominal pain

Yes

No

2. Black or tarry stools

Yes

No

3. Change in bowel habits

Yes

No

4. Constipation

Yes

After you finish the questionnaire click “Submit Questionnaire and Next”

12:53

Back Questionnaire and Vitals

Televisit

No

39.1. How many drinks did you have on a typical day when you were drinking in the past year?

1 or 2 drinks (0 point)

3 or 4 drinks (1 point)

5 or 6 drinks (2 points)

7 to 9 drinks (3 points)

10 or more drinks (4 points)

39.2. How often did you have a drink containing alcohol in the past year?

Never (0 point)

Monthly or less (1 point)

2 to 4 times a month (2 points)

2 to 3 times a week (3 points)

4 or more times a week (4 points)

Submit Questionnaire & Next

Enter vital signs. Don't worry if you don't have a blood pressure cuff or thermometer.

12:54

< Back Questionnaire and Vitals

Vitals

Height

6 Ft 0 in

Weight

180 Pounds

Blood Pressure

120 / 80

Temperature

99 Fahrenheit

Respiratory Rate

16 Breaths per minute

Pulse Rate

72 Breaths per minute

< Previous

Submit Vitals >

Click "Start Televisit".

12:55

< Back Ready?

Start TeleVisit

The "Televisit" Questionnaire and Vitals have been submitted successfully.

Review Questionnaire and Vitals

Your doctor will join the Televisit when available

